**Caldendar Dates 2023/2024**

2 September Sign On & Training Day

9 September Training Day

7 October First Competition Day of 2023/24 Season

14 October Competition Day

21 October Competition Day

28 October Competition Day

28 October **Coles Summer Carnival – SAF Nathan**

4 November Competition Day

5 November **Nordic Sport Met West Regional Relays**

11 November Competition Day

18 November Competition Day

25 November Competition Day

2 December Competition Day

9 December Competition Day

9 December Christmas Pool Party ( School Holidays)

9 December **LAQ McDonald’s State Relays**

20 January Competition Day / Ipswich Twilight Carnival

26 January Competition Day ( This is Australia Day long weekend)???

3 – 4 February Nordic Sport Met West Regional Championships

10 February Competition Day

17 February Competition Day

24 February Competition Day

3 March Competition Day

03/04 March **LAQ Mc Donald Combined Events Championships**

10 March Competition Day (Last day of season)

24 March **End of Season Presentations (from 4pm)**

23,24,25 **LAQ McDonald’s State Champsionships**